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From: **Kathy W Bryant via HRcouncil** <hrcouncil@lists.northcarolina.edu>

Date: Wed, Jun 1, 2022 at 9:11 AM

Subject: [HR Council] Mental Health First Aid Funding/Additional Instructor Courses Available

To: hrcouncil@lists.northcarolina.edu <hrcouncil@lists.northcarolina.edu>

Cc: Kimberly L Mitchell <klmitchell@northcarolina.edu>, Bethany D. Meighen <bdmeighen@northcarolina.edu>

HR Council:

Forwarding the message below on behalf of Kim Mitchell, Director for Student Development in Academic Affairs at the System Office.

Greetings from the System Office!

The UNC System Office started the NC Higher Education Mental Health First Aid Initiative in 2021. Phase I of the initiative was providing MHFA Instructor Training to UNC System Faculty, Staff and Students. The training was provided free of charge to these individuals with the understanding that they would be an integral part of Phase II of the initiative.

**Phase II** provides funding for the [MHFA Instructors](https://docs.google.com/spreadsheets/d/1axkWN2Jv5lSex6tmk2Axf8Xe8wTaT2Q6/edit?usp=sharing&ouid=103098120970310359301&rtpof=true&sd=true) to teach Mental Health First Aid to groups on their campus. The cost of the course for these groups is covered under the grant. During the Instructor certification process, Instructors were informed they had funding to instruct a minimum of 90 people on their campuses.

During the planning over the summer, please take the opportunity to identify groups who could incorporate MHFAider training in their existing training schedules. We have had campuses provide the training to groups of RAs, Classes, Department Faculty, Athletic staff, Police Departments, Clubs and Organizations, Peer Mentors, etc. The training is appropriate for all communities on the campus.

In addition, to the UNC System MHFA Instructors already certified (see attached) we are offering two additional Instructor courses this summer. (July 20-22 and August 1-3), please email Kim Mitchell at klmitchell@northcarolina.edu with the name, email, and position of individuals interested in becoming a MHFA Instructor. These individuals will be expected to instruct courses on their campuses in the upcoming year.

If you have any questions regarding the funding available to train groups on your campus or if there are questions about the upcoming MHFA Instructor courses, please reach out to Kim Mitchell at klmitchell@northcarolina.edu.

Warm Regards,

Kim Mitchell

**KATHY BRYANT** *(she/her)*

**Director, Employee Engagement and Development**

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