**UNC Charlotte Suicide Prevention Training Programs for Faculty**

*Information about all suicide prevention programs and initiatives, including how to register for the upcoming training opportunities, can be found at go.charlotte.edu/suicideprevention.*

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|  | **QUESTION, PERSUADE, REFER (QPR)** | **MENTAL HEALTH FIRST AID (MHFA)** |
| Program Overview | Teaches individuals how to recognize the warning signs of suicide, including verbal, behavioral, and situational clues. The training provides guidelines on how to Question a person about suicidal thoughts, Persuade them to get help, and Refer them to campus and/or local resources. | A public education program that introduces participants to risk factors and warning signs of mental illnesses and substance use, builds understanding of their impact, and overviews common supports. This course demonstrates how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care. |
| Duration of Training | 90 Minutes | 8 hours(2 hours Self-paced course +6 hours Instructor Led Content) |
| AY21-22 Participants | * AY21-22 434 community members trained
	+ 135 of participants were faculty or staff members
 | * AY21-22 148 community members certified
	+ 46 faculty and staff members certified
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| Partnerships | * Partnered with CHHS to offer 3 sessions for faculty and staff members
* Partnership with LOD to offer program as part of Professional Administrator Certification (PAC)
 | * Program launched in January 2021 through support of UNC System Office
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